



shinkendo.com



**Shinkendo NY
Modern Samurai Dojo**

presents

Instructional Materials

By

Toshishiro Obata, Kaiso

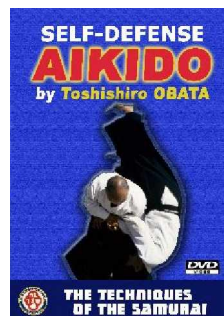
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contact@modernsamurai.info



Instructional Videos (DVD - VHS)

Ordering Information

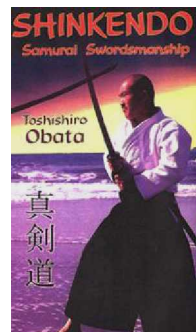
"Aikido — Self-Defense Techniques"



“Renowned martial artist Obata Toshishiro SoShihan, uchi-deshi (live in disciple) under the late Shioda Gozo Kancho, relocated from Japan to America in 1980 and began development of a research organization, called the “Aikibujutsu Tanren Kenkyukai” or abbreviated as Aiki-Buken. While Mr. Obata was “uchi-deshi” in Japan, he also taught at the Yoshinkan honbu, universities, the Metropolitan Riot Police and the Japanese self-defense Army. Obata Sensei created the Aiki-Buken to accurately rebuild concepts and techniques from the older styles of

Aikibujutsu and Edo Torimonojutsu used during the feudal times of Japan. This is an ongoing process including the softer styles of modern aikido. VHS (French)
DVD (English)

"Shinkendo — Samurai Swordsmanship"



This video incorporates stunning historical imagery and inspiring narration, with an emphasis on swordsmanship fundamentals, test-cutting, and total control of the sword. Also features exclusive footage of Obata-kaiso's record-setting kabutowari (helmet-splitting) test at the end. Shinkendo is a traditional but contemporary school that teaches practical and effective swordsmanship. Approx. 50 minutes.
"All in all, I would have to call this the finest film documentary on Japanese swords and swordsmanship I've run across so far."

- Review by Steven Dick, TACTICAL KNIVES Magazine; Vol. 2, Number 3 1996.
VHS

"The Spirit of Bujutsu"



Filmed at the 1997 Australian Seminar in association with the Shudokan Yoshinkan aikido dojo, Obata-sensei conducts a demonstration of shinkendo and aikido. Also features Joe Thambu-sensei (Yoshinkan) and Paul Pocock-sensei (ISF/AB), as well as demonstrations by other prominent budo instructors.
VHS

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| Title | # | Price | Total |
|-----------------------------------|---|---------------------|-------|
| Aikido Self Defense (DVD-English) | | 30.00 | |
| Aikido Self Defense -(VHS) | | 30.00 | |
| Shinkendo (VHS) | | 30.00 | |
| Spirit of Bujutsu (VHS) | | 19.95 | |
| Samurai Aikijujutsu (VHS) | | 30.00 | |
| Molten Fire (VHS) | | 30.00 | |
| Budo Ashisabaki (DVD) | | 30.00 | |
| Bojutsu Tanrendo (DVD) | | 30.00 | |
| Shinkendo (Book) | | 25.00 | |
| Shinkendo Tameshigiri (Book) | | 25.00 | |
| Heiho Okugisho (Book) | | Call | |
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Modern Samurai

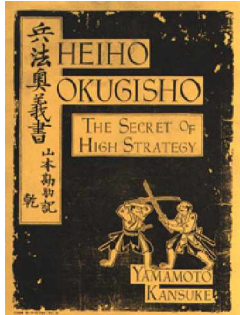
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Shipment (read carefully!)

All items shipped by Priority US mail or UPS unless otherwise specified. Note the WEIGHT and SIZE of the items your ordering, then estimate your shipping costs for either: UPS or US Postal Service.

Books

"Heiho Okugisho - The Secret of High Strategy"

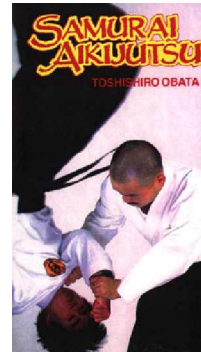


-Translated into English for the first time by Obata Toshishiro, this book features the original Japanese text on one page and the English translation juxtaposed. Yamamoto Kansuke, recorded as a strategist for the famous general Takeda Shingen, is said to have originally compiled this work. Reviews have strongly favored the accuracy of this translation. Historically an important and significant work of Japanese strategy.

New Edition Coming Soon!

Instructional Videos (DVD - VHS)

"Samurai Aikijutsu"



This CLASSIC video is still available. Includes aikijutsu and taihojutsu (arresting techniques), sojutsu (spear techniques), tameshigiri (test-cutting), bojutsu (long staff), and more. This tape highlights some of the weapons, techniques and methods once used by Japan's bushi. So far, this has been the most requested video to date!

VHS

"Molten Fire"

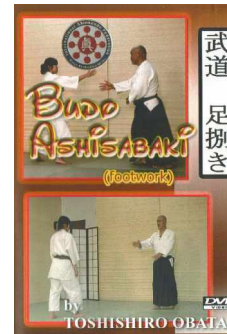


A re-publication of the important film "The Ritual of the Sword," this video details the creation of a Japanese sword as forged by a Living National Treasure, Master Swordsmith Shohei Miyairi. Also features swordsmanship demonstrations by Obata-kaiso and his son, Obata Yukishiro-sensei, shot at various seminars. Black & white, Japanese w/ English voiceover.

VHS



"Budo Ashisabaki"

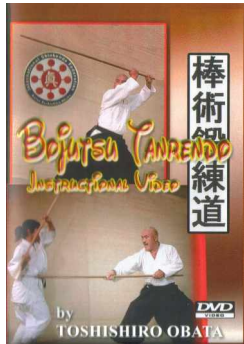


Obata-Kaiso believes that a thorough understanding and mastery of *ashisabaki* (footwork) is the foundation upon which all martial arts are built. Obata-Kaiso demonstrates many of the essential and practical footwork patterns for Shinkendo *kihon waza* (basic techniques), *tachiuchi* (sparring) and Aikido. *A bonus Tameshigiri performance by Obata-Kaiso is also included that showcases dynamic and diverse cutting techniques as well as tameshigiri utilizing the two-sword method.*

DVD

Instructional Videos (DVD-VHS)

“Bojutsu Tanrendo”



Obata-Toshishiro–sensei demonstrates the basics required for correct bojutsu practice. Learning the bo (6 foot staff) is the foundation for learning all pole weapons such as the jo (4 foot staff) and yari (spear). DVD



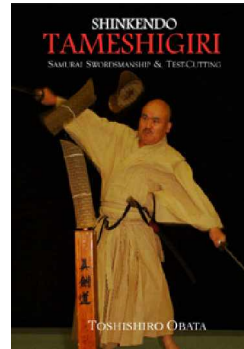
Books

"Shinkendo- Japanese Swordsmanship"



Intended as a resource for current students as well as an introduction for non-students, Shinkendo — Japanese Swordsmanship is the first volume of several books scheduled to follow that detail various aspects of this art. A must for shinkendo students and anyone interested in Japanese swordsmanship, volume one touches on Japanese military history, shinkendo strategy, philosophy, and all five major areas of swordsmanship study. This is the first book on the dynamic art of shinkendo, written by its founder and headmaster. 177 pages.

"Shinkendo Tameshigiri- Samurai Swordsmanship & Test-Cutting"



The second book on shinkendo written by its founder and headmaster, Shinkendo Tameshigiri focuses exclusively on tameshigiri (test-cutting) — its history, its current practice, the different types and purposes of tameshigiri, including shito or sword-testing — and its role in shinkendo. Obata-soke has been instrumental in implementing and raising the standards of the practice of tameshigiri in swordsmanship training worldwide, starting from his participation in the tameshigiri championships in Japan and perhaps culminating in the publication of this definitive volume. Included are detailed diagrams of cutting techniques and sword anatomy, step-by-step photos of maintaining swords, preparing tatami-omote, tameshigiri waza, and more.

This book also extends beyond the scope of shinkendo to incorporate Obata-soke's extensive experience as a shitoka, or professional sword-tester. Intended as a resource for students and anyone interested in finding out more about shinkendo and the practice of tameshigiri. 180 pages.